

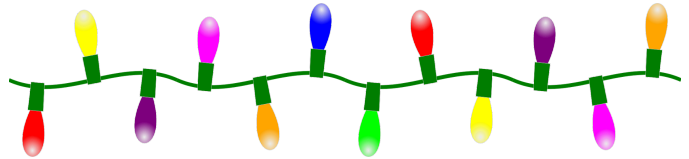
Village of Tijeras Senior Center



10 Tijeras Ave., Tijeras, NM 87059
(505) 286-4220; Meals (505) 930-2658
Hours: Monday - Friday, 8:30am - 4:00pm

December 2024

Center closed Dec. 25



60+ Congregate Meal Program

Monday-Friday, 11:30am - 1:00pm.

A service of the Area Agency on Aging and the City of Albuquerque.

See Arnold, Meal site Coordinator for meal registration. **Reserve your lunch *no later than 1:00 pm* the previous business day at (505) 930-2658.**

Classes, Activities & Events

See Rita, Center Manager for Center registration. Annual membership is \$10 per person. **December memberships are due.**

Daily Drop-In Activities

Billiards	Fitness Room
Library	Puzzles
Ping Pong	Computer Lab
Outdoor Exercise Circuit	Darts
Coffee and Goodies - 8:30-11:30am	

Mondays

Chair Exercise with Valerie- 9:30am
Stepping Stones project - 12:30pm.

Tuesdays

Get Fit Class - 9am-10:30am
Guitar -10:00am
Aikido - 11:00am
Basket Weaving- 10:00am /12:30pm
Beginners Guitar- 12:30 pm
Free Groceries (3rd Tuesdays) -10:00am

Wednesdays

Crochet - 10:00am
Zumba/Aerobics - 10:00am
Sewing - 12:30pm
Beginners Spanish - 12:45pm

Thursdays

Get Fit Class - 9am-10:30am
Watercolor Painting - 9:30am
Beading class - 10:00am
T.O.P.S. - 10:00am
Aikido-11:00am
All Faiths Bible Study - 11:15am
Flower Day - Every Thursday, flower donations from Trader Joe's for registered senior center participants.

Fridays

Popcorn Fridays - 9am-11:30am
Chair Exercise - 9:30am
Bingo- 10am-11:30am
Monthly Birthday Celebration (3rd Friday, usually) -12:30-2p



Veterans Recognition Display November 8

December Events Line-up

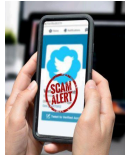
Mark your calendars...

Come help Deck the Halls, Monday, Dec. 2
- Friday, Dec. 6.




Help decorate the center for the holidays. Lots to put up.

★ **Vista Hills Senior Living** - Tuesday, Dec. 3, 11:00am. Learn about these senior apartments and amenities.



★ **Scams and Identity Theft class** - Wednesday, Dec. 4, 9am-11am. Provided by the Senior Citizen Law Office. Sign up and be sure to attend. Learn what to look for and to be aware of.

★ **Hamilton Relay Assistive Technology information** - Wednesday, Dec. 4, 11:00 am-1pm.

★ **Making a Gingerbread House** - Monday, Dec. 9, 9:30am. Come help decorate! Drawing on 12/13. 

★ **Cowboy Church carolers** - Wednesday, Dec.11, 11:30am

★ **Trip to Movie Matinee** - *"The Best Christmas Pageant Ever"*, Monday, Dec.--TBA, Icon Theater. \$6, or \$12 for ticket and snacks. Sign up.

★ **Free Groceries** - Tues., Dec. 17, 10am. Come early! Don't miss out! For low-income seniors, sponsored by Silver Horizons and Bernalillo County.



Guitar Class Holiday Performance - Tuesday, Dec. 17, 11:30am



December Birthdays and Holiday Celebration - Friday, Dec. 13 12:30pm. Music by Gabe and a visit from Santa!

Oak Street Health information - Fri., Dec.13, 12:30am


★ **Trip to Cesar Chavez Center for the Holiday Dance** - Friday, Dec. 20, 9:30am-1:30pm. Sign up by 12/6.

★ **School kids caroling /visit** - Friday, Dec. 20, 12 noon



The Senior Center will be closed Wednesday, December 25.

Merry Christmas!

★ **Snowflake Wreath class** - Monday, Dec. 30, 9:30am. Come make a beautiful snowflake creation. 

★ **New Year's Toast** -Tuesday, Dec. 31 - 12:00 noon. Let's toast to the new year!



Village of Tijeras Christmas Celebration

December 13, 6:00-8:30 pm

at Los Vecinos

Community Center

Craft Fair, Children's games, Food trucks, Carolers, Mariachis & Santa!

To reserve a craft table, call Rita or Debra at 505-286-4220.

Village Tree Lighting Event

Monday, Dec., 16, 4-6pm

In the park



Win a Pie!

Take the Newsletter Quiz!

If you are first to answer all the questions correctly and find the mystery object in this newsletter you could win either a pumpkin or apple pie! Get your quiz from Debra.

