



VILLAGE OF TIJERAS SENIOR CENTER

February 2025 11:30-1:00

Please Remember to Call 24 in Hours Advance to RSVP YOUR LUNCH

505-930-2658

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef Tips w/ Gravy Over Bowtie Pasta Brussel Sprouts Mixed Berries Dinner Roll with Margarine 1% Milk	4 Lemon Pepper Salmon Brown Rice Roasted Fall Vegetables Yogurt 1% Milk	5 Memphis Dry Rubbed Chicken Cauliflower Dinner Roll with Margarine Mandarin Orange 1% Milk	6 Pasta Primavera Steamed Broccoli Dinner Roll/ Margarine Warm Cinnamon Apple Chunks 1% Milk	7 Pork Chop Mashed Potatoes Crispy Roasted Brussel Sprouts Jell-O 1% Milk
10 Chicken Tamale w/ Green Chile Mushroom & Green Bean Dinner Roll with Margarine Berry Compote 1% Milk	11 Turkey w/ Gravy Steamed Broccoli Dinner Roll with Margarine Yogurt 1% Milk	12 Chicken Posole Steamed Cauliflower Dinner Roll with Margarine Jell-O 1% Milk	13 Red Chile Cheese Enchilada Brown Rice Roasted Fall Vegetables/ Calabacitas Pears 1% Milk	14 Baked Cod with Tarter Sauce Brussel Sprouts Roasted Fall Vegetables Valentine Cookie 1% Milk
17 VILLAGE HALL, MVD & SENIOR CENTER WILL BE CLOSED IN OBSERVATION OF PRESIDENT DAY	18 Baked Ham with Pineapple Sauce Sweet Potatoes 5 Way Vegetables Vanilla Pudding 1% Milk	19 Baked Chicken Brown Rice Roasted Fall Vegetables Sliced Apple 1% Milk	20 Baked Ziti Brussel Sprout Dinner Roll with Margarine Yogurt 1% Milk	21 Tilapia with Tarter Sauce Rosemary Potatoes Steamed Broccoli Pears 1% Milk
24 Red Chile Beans Crispy Roasted Cauliflower with Pumpkin Seeds Dinner Roll with Margarine Brownie 1% Milk	25 Chicken Tamale w/ Green Chile Brown Rice Corn & Edamame Orange 1% Milk	26 Diced Pork with Gravy Steamed Green Beans Berry Compote 1% Milk	27 Veggie Green Chili Cheeseburger Sweet Potato Mash Roasted Fall Vegetables Apple Slices 1% Milk	28 Lemon Pepper Salmon Mashed Potatoes Steamed Spinach Jell-O 1% Milk