



## VILLAGE OF TIJERAS SENIOR CENTER

April 2025 11:30-1:00

**Please Remember to Call in 24 Hours in Advance to RSVP YOUR LUNCH  
505-286-4220 OR 505-930-2658**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b> <b>Chicken Tamales</b> <b>Red Chile</b> <b>Roasted Vegetables</b> <b>Berry Compote</b> <b>1% Milk</b>	<b>1</b> <b>Pork Posole</b> <b>Mushrooms</b> <b>Pinto Beans</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Jello-O</b> <b>1% Milk</b>	<b>2</b> <b>Beef Tips w/Gravy</b> <b>Pasta</b> <b>Brussel Sprouts</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Yogurt</b> <b>1% Milk</b>	<b>3</b> <b>Veggie Green Chile</b> <b>Cheeseburger</b> <b>Diced Potatoes</b> <b>Succotash</b> <b>Pudding</b> <b>1% Milk</b>	<b>4</b> <b>Garlic Butter Tilapia</b> <b>Spinach</b> <b>Green Beans</b> <b>Grapes</b> <b>1% Milk</b>
<b>7</b> <b>Rotisserie Chicken</b> <b>Roasted Vegetables</b> <b>Swee Potato Mash</b> <b>Dinner Roll Margarine</b> <b>Banana</b> <b>1% Milk</b>	<b>8</b> <b>Salisbury Steak</b> <b>Green Chile Gravy</b> <b>Mashed Potatoes</b> <b>Cauliflower</b> <b>Dinner Roll Margarine</b> <b>Orange</b> <b>1% Milk</b>	<b>9</b> <b>Asian Diced Pork</b> <b>Peppers</b> <b>Brown Rice</b> <b>Roasted Vegetables</b> <b>Fortune Cookie</b> <b>1% Milk</b>	<b>10</b> <b>Macaroni &amp; Broccoli</b> <b>Green Beans</b> <b>Carrots</b> <b>Yogurt</b> <b>1% Milk</b>	<b>11</b> <b>Breaded Cod Tarter</b> <b>Sauce</b> <b>Steamed Broccoli</b> <b>Calabacitas</b> <b>Mixed Berry</b> <b>1% Milk</b>
<b>14</b> <b>Carne Adovada</b> <b>Red Chile</b> <b>Spinach</b> <b>Pinto Beans</b> <b>Pudding</b> <b>1% Milk</b>	<b>15</b> <b>Chicken Fajita</b> <b>Tortilla</b> <b>Brown Rice</b> <b>Corn/Edamame</b> <b>Banana</b> <b>1% milk</b>	<b>16</b> <b>Beef Tips w/Gravy</b> <b>Bowtie Pasta</b> <b>Brussel Sprouts</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Yogurt</b> <b>1% Milk</b>	<b>17</b> <b>Spaghetti</b> <b>Mushrooms</b> <b>Roasted Cauliflower</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Orange</b> <b>1% Milk</b>	<b>18</b> <b>Lemon Pepper</b> <b>Salmon</b> <b>Mashed Potatoes</b> <b>Steamed Broccoli</b> <b>Apple</b> <b>1% Milk</b>
<b>21</b> <b>Turkey Tetrazzini</b> <b>Corn/Edamame</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Jell-O</b> <b>1% Milk</b>	<b>22</b> <b>Beef Tips w/Gravy</b> <b>Penne Pasta</b> <b>Roasted Veggies</b> <b>Berry Compote</b> <b>Dinner Roll</b> <b>Margarine</b> <b>1% Milk</b>	<b>23</b> <b>Pork Tamales</b> <b>Red Chile</b> <b>Pinto Beans</b> <b>Calabacitas</b> <b>Pudding</b> <b>1% Milk</b>	<b>24</b> <b>Cheese Omelet</b> <b>Peppers &amp; Onions</b> <b>Mushrooms</b> <b>Apple Slices</b> <b>1% Milk</b>	<b>25</b> <b>Baked Chicken</b> <b>Sweet Potato Mash</b> <b>Spinach</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Jello-O</b> <b>1% Milk</b>
<b>28</b> <b>Salisbury Steak</b> <b>Gravy</b> <b>Rosemary Potatoes</b> <b>Malibu Blend</b> <b>Mixed Berry</b> <b>1% Milk</b>	<b>29</b> <b>Chicken Posole</b> <b>Mushrooms</b> <b>Spinach</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Pears</b> <b>1% Milk</b>	<b>30</b> <b>Garlic Tilapia</b> <b>Brussel Sprouts</b> <b>Carrots</b> <b>Jell-O</b> <b>1% Milk</b>	<b>1</b> <b>Cheese Lasagna</b> <b>Roasted Veggies</b> <b>Dinner Roll</b> <b>Margarine</b> <b>Yogurt</b> <b>1% Milk</b>	<b>2</b> <b>Diced Pork Gravy</b> <b>Sweet Potato Mash</b> <b>Green Beans</b> <b>Orange</b> <b>1% Milk</b>